



Winter 2019/20: Week 1

Week Commencing: 06/01, 27/01, 17/02, 09/03, 30/03

Monday		Tuesday	Wednesday	Thursday	Friday
<i>Lunch</i>					
A	Pizza with 'Hidden' Vegetables	Roast Beef & Yorkshire Pudding	Salmon & Pollock Cakes	Beef Chilli	Sweet & Sour Chicken
B		Quorn Fillet	Vegetable Cakes	Vegetable Chilli	Sweet & Sour Quorn
		Sweet Potatoes & Potato Mash	Potato Wedges & Baked Beans	Rice	Egg Noodles
	Peas & Sweetcorn	Cabbage & Mixed Vegetables		Green Beans & Carrots	Crunchy Vegetables
	Natural Yoghurt with Peaches	Mango & Melon Medley	Fruit Sponge & Custard	Malt Loaf	Fruit Salad
<i>Tea</i>					
	Ploughmans	Roasted Vegetable & Chickpea Soup with Homemade Bread	Crumpets & Vegetable Sticks, Tuna & Cheese	Mixed Sandwiches & Vegetable Fingers	Bagels with Cream Cheese & Boiled Egg
	Banana Bar	Malt Loaf	Fruit Basket	Peaches & Cream	Natural Yoghurt with Banana



Winter 2019/20: Week 2

Week Commencing: 13/01, 03/02, 24/02, 16/03, 06/04

Monday		Tuesday	Wednesday	Thursday	Friday
<i>Lunch</i>					
A	Chicken Korma	Tuna Pasta (New Recipe)	Roast Pork	Salmon & White Fish Pie	Beef Lasagne
B	Vegetable Korma	Vegetable Pasta	Quorn Fillet	Mixed Bean & Lentil Pie	Vegetable Lasagne
	Rice & Naan	Fusilli Pasta	Roast Potato	Sweet Potato & Potato Mash Topping	Pasta Sheets
	Peas & Sweetcorn	Green Beans & Sweetcorn	Carrots & Cabbage	Brocoli & Carrots	Mixed Vegetables
	Fruit Salad	Beetroot Brownies	Rice Pudding & Apricots	Plum & Apple Crumble and Custard	Fruit Flapjack
<i>Tea</i>					
	Tomato & Vegetable Soup with Homemade Bread	Ploughmans	Baked Beans on Toast	Crumpets, Cheese and Ham	Sandwiches with Vegetable Sticks
	Banana Muffin (Reduced Sugar)	Natural Yoghurt & Mango	Fruit Basket	Mandarin & Blueberry Medley	Malt Hot Chocolate



Winter 2019/20: Week 3

Week Commencing: 20/01, 10/02, 02/03, 23/03, 13/04

Monday		Tuesday	Wednesday	Thursday	Friday
<i>Lunch</i>					
A	Beef with 7 Vegetable Bolognese	Jacket Potato with Cheese & Tuna	Shepherds Pie, Smashed Neeps & Tatties (JO)	Squash, Macaroni Cheese and Beans	Pizza with 'Hidden' Vegetables
B	7 Vegetable Bolognese	Jacket Potato with Cheese	Veg. & Lentil Pie, Smashed Neeps & Tatties (JO)		
	Pasta		Mashed Potato Topping	Pasta	
	Green Beans	Baked Beans	Peas & Carrots	Broccoli & Sweetcorn	Peas & Sweetcorn
	Mango & Melon Medley	Apple & Pear Pie & Homemade Custard	Natural Yoghurt & Mango	Lemon & Orange Yoghurt Cake	Rice Pudding & Peaches
<i>Tea</i>					
	Vegetable & Chickpea Soup & Homemade Bread	Toasted Muffins & Scrambled Eggs with Salad Sticks	Selection of Sandwiches & Vegetable Fingers	Ploughmans with Vegetable Sticks & Dip	Beans on Toast
	Natural Yoghurt and Mixed Berries	Reduced Sugar Fruit Cake	Beetroot Brownies	Mandarin & Blueberry Medley	Fruit Basket